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#### wednesday(kitchen) daily Wipe and clear counters Clean stove and microwave Scrub and clean, counters and sink Make beds Wipe and disinfect fridge and freezer Wash and dry dishes Do one load of laundry Scrub, sweep and mop floors Take out trash thursday (bedroom) Clean sink and kitchen floors in the evening Dust and vacuum monday (bothroom) Change sheets, pillow cases and curtains Sort dirty laundry Scrub toilets Clean windows and blinds Clean sinks, mirrors and counters Straighten closets and drawers Clean showers and bath tubs Replace towels and wash bath rugs friday (other rooms) Mop and sweep floors Dust and vacuum Take out the trash Straighten shelves, desks and drawers Throw away old and empty bottles Clean washer and dryer tuesday(living room) dust ceiling fans and light fixtures Dust and straighten shelves and cabinets weekend (outdoor) Vacuum, sweep and mop Sweep porch and patio Wash and clean windows and blinds Organize garage Organize toys and declutter Mow the lawn and take out weeds Clean out the car misc

## kitchen

- Clean and coffee maker
- Wipe off small appliances
- Clean fridge and freezer
- Deep clean stove burners
- Wipe off kitchen cabinets
- Scrub and deep clean sink and faucet
- 🛑 Cycle clean washer and dishwasher

### bathrooms

- Wash and change shower curtain
- Clean and update medicine cabinet
- Declutter under bathroom sinks
- Clean shower head and faucets

# living area

- Declutter shelves and drawers
- Wash and change throw pillows
- Vacuum and disinfect rugs and carpets
- Wash and change curtains

# monthly Cleaning Checklist

#### others

- Declutter and sort out garage
- Organize storage/basement/ attic
- Wash windows
- Switch plates and other cutlery
- Defrost and deep clean freezer
- Wash area rugs
- Clean out dryer vent
- Disinfect all trash cans
- Dust walls and ceiling corners for cobwebs
- Sweep out fireplace
- Vacuum all furnitures
- Wipe all doors , chair rail, moldings
- Dust light fixtures and lamp shades
- Throw away outdated files and papers
- Clean window tracks